

### [Dr. Arun Pratap Singh](#)

Dr. Arun Pratap Singh is currently serving as Assistant Professor in Department of Psychology, MG International Hindi University, Wardha, Maharashtra. He has done his Ph.D. in Yoga & Health Psychology from Delhi University under the guidance of eminent Prof. Girishwar Misra. Dr. Singh has authored many research papers for International/ National Journals as well as written chapters for the books and other publications. His research area of interests is Yoga Psychology, Positive Psychology, Psychology of Lifestyle, Human Nature to name a few. He has also guided post-graduation and M.Phil. students for thesis.

Dr. Arun has received **Major Research Grant** on the project titled as “*Empowering the socially disadvantaged sections of adolescents through life style counselling*” by ICSSR, New Delhi and **Mini Research Grant** for working on the project titled as “Concept of Human nature in Gandhian Literature” from MG International Hindi University, Wardha. On the above, he has presented many papers in national/ international conferences. Dr. Singh has been also invited as a speaker in many workshops across the India. He is active editorial board member of a reputed International Journals like Annals of Yoga and Physiotherapy and Asian Social Science published by Canadian Centre of Science and Education.

### [Dr. Wilbur Gonsalves](#)

Dr. Wilbur completed my MA in Psychology with specialization in Counselling Psychology, and PhD from the Department of Applied Psychology and Counselling Centre, University of Mumbai. His doctoral research work has been on ***psychosocial competency factors influencing vocational rehabilitation of persons with disabilities***. During PhD, he was a beneficiary of the Vice Chancellors Research Fellowship and UGC Junior Research Fellowship. Dr. Wilbur worked as a Teaching Assistant for Counselling Psychology at the Department of Applied Psychology and Counselling Centre, University of Mumbai, for four academic years (2007-2013). For a short stint, he was also appointed as Assistant Professor in Psychology (full-time) in Parvathibai Chowgule College, Goa, where he worked for a period of 3 months (July to September, 2013), teaching at the undergraduate course. After which he joined the Department of Applied Psychology University of Mumbai, as Assistant Professor (full-time) from October, 2013.

In the last three years, Dr. Wilbur has been teaching the post-graduate courses in intervention systems in psychology, multiculturalism: theory and practice, personality psychology, rehabilitation psychology, psychological assessment and psychometrics practicum, and experimental psychology practicum. His focal areas are Counselling Psychology, Career Counselling and Development, Rehabilitation Psychology (with focus on Physical and Sensory Disabilities). Dr. Wilbur is on the Board of Studies of Psychology at Parvathibai Chowgule College, Goa, a life member of academic bodies

such as Bombay Psychological Association (BPA), Marathi Manasshashtra Parishad (MMP) and Indian Science Congress (ISC). He has presented many research papers at national/international conferences in India and abroad. Dr. Gonsalves has authored many research papers for International/ National Journals as well as written chapters for some books and other publications.

### [Dr. Bipul Kumar Ray](#)

Dr. Bipul is one of the finest santoor exponents of the India. He is Disciple of Santoor Maestro Pt. Bhajan Sopori. Dr. Bipul Ray's recitals combine melodious Alap and Tantrakari innovative improvisation with mesmerizing "Layakari", superb sound control and dexterous finger work. The entire rendition, be it serious or light is sparkled by intuition. Recitals have universal appeal. Dr. Bipul has Master's Degree followed by M. Phil. degree in Classical vocal music and Doctorate (PhD) on Santoor from the University of Delhi. Bipul is employed at Faculty of Music & Fine Arts, University of Delhi as Santoor Instructor. Since last 6 years, Dr. Bipul has been doing research in collaboration with **Mr. Mehulkumar Dave & MIND CARE AND MANAGEMENT ASSOCIATES Team** on therapeutic impact of Indian Classical Music (Santoor) on stress, depression, insomnia, ADHD, ASD and other brain dysfunctions / disorders. He is founder trustee of '**Raganjali Academy of Performing Arts, Delhi**'. Raganjali is a registered trust committed to promoting Indian Classical Music & Dance at the global level. He has represented India at Egypt, China, Thailand, Venezuela, Peru & Austria. He has bagged various awards and prizes. He has also written research papers for reputed national journals.

### **AWARDS & ACHIEVEMENTS:**

Bihar Kala Puraskar-2013[State Award by Govt. Of Bihar]  
'A' Grade Artist Accreditation from All India Radio & Doordarshan  
Empanelled Artist with Ministry of Culture, Government of India  
Empanelled Artist with Indian Council for Cultural Relations[ICCR]  
Recipient of National Scholarship, Ministry of Culture, Gov. of India  
Director for Music Workshop, Sahitya Kala Parishad, Gov. of Delhi [Since 2009]  
Rotary Navodit Kala Samman, Rotary Club of Delhi  
Music Album {1} Devotional Healing {2} Spiritual Bliss

### [Ms. Maya Nanavati](#)

Ms. Maya Nanavati is senior and experienced occupational therapist. She is trustee of POSAT Foundation, Mumbai. She was associated with Cerebral Palsy Unit (Children's Orthopaedic Hospital), Sir H.N. Hospital and many other organizations for long period. Ms. Nanavati is visiting faculty Nalanda Nrityakala Mahavidyalaya and

Arya Vidyamandir School for course on Learning Disability, Mumbai. Her area of interests is Neurology and Psychiatry. She has presented many research papers in national / international conferences. Ms. Maya has also written chapters and articles for various books and journals. She has been awarded with Vocational Excellence Award by Rotary Club of Borivali (June 2000) and Professional Excellence Award by Shartul Foundation (December 2013). Per her, "Every child is a treasure of hidden potentials. One must have the right key to hunt the treasure".

### Mr. Mehulkumar Dave

Mr. Mehulkumar Dave is an expert Neuro-Psychotherapist with the extensive experiences in various domains of Counselling, Organizational Behaviour, Training and Psychological Testing cum Assessment. Apart from **Dual degrees - M.Sc. in Organizational Psychology & MA in Counselling Psychology**, he holds **post graduate degrees in the disciplines of English Literature & Comparative Indian Literature from Mumbai and Delhi University respectively**. He has been associated with various NGOs and Senior Psychologists, Psychiatrists, Neurologists and Social workers of Mumbai & Delhi. He counselled Juveniles delinquents of Prayas Juvenile Justice Home and shelter home kids of various places in Delhi and he has also trained more than **5000 CBSE** teachers across India in various programs and workshops. His approach of training is custom made keep aligning standard procedure with individual teachers & corporate. He has extensively travelled across India and is aware of the diversity of the Indian culture.

Mr. Mehulkumar Dave is **Founder cum Managing Director of MIND CARE AND MANAGEMENT ASSOCIATES PVT LTD** based in Mumbai / Delhi specializes in providing Brain Computer Interface (BCI) i.e. technology based therapeutic interventions for Neuro-Developmental / Degenerative Brain Disorders along with psychological counselling, assessment and training services to educational institutions and corporate sectors. He has been doing research on the impact of Indian Classical Instrumental Santoor Music along with Dr. Bipul Kumar Ray (Santoor Maestro) on brain dysfunctions such as anxiety, stress, migraine, insomnia, depression and memory to name a few. 'Mind Care Team' is pioneer in merging Indian Classical Santoor Music with HEG Neurofeedback. Mr. Dave himself has learnt Indian Classical Vocal and Instrumental Music for 7 years. He himself is a **Gold Medallist** in Santoor Short Term Course from Delhi University. **Mr. Dave along with Dr. Bipul Kumar Ray visited Venezuela and Peru on official passport from Government of India in March 2016 for their research on Impact Indian Classical Santoor Music on Human Brain.**

Mr. Dave has been fascinated with the field of Neuroscience and Neuro-Psychology and therefore he has been studying Brain related dysfunctions/ disorders since last 5 years. He has number of certifications in this area from **Stanford University, Georgia**

**Tech University, University of Melbourne, John Hopkins Bloomberg School of Public Health** and many more. In India, along with his team of Clinical Neuro-Psychotherapists are pioneer to bring Hemoencephalography (HEG) Neurofeedback and EEG based brain training technological interventions in India. Presently, he has been also studying Psycho-Pharmacology, Neurology, Nutrition and other areas which play a vital role in brain related dysfunction.

Mr. Mehulkumar writes column on successful case studies of Autism Spectrum Disorder, ADHD, Insomnia, Aphasia, Brain Haemorrhage, Down Syndrome and many more in '**Janmabhoomi Pravasi**' **Mumbai edition every Sunday**. Apart from this, he also teaches in various institutions to post-graduate students from time to time.

Mr. Dave opines that most of the people in Indian society is not aware of the importance of Psychological therapies, Neuroscience and technology based therapeutic interventions. Therefore, they are unable to use such non-invasive & free from side effects services. Now, it is our duty as mental health community to create awareness in the field of Mental Health in India and other developing countries where this discipline has minimal recognition. This will help enlighten the life of those people who need it.

### [Ms. Khyati Kacheria](#)

Ms. Khyati Kacheria is an expert and **SENIOR CLINICAL NEURO-PSYCHOTHERAPIST** with more than 3 years of experience. She has an MA in Clinical Psychology from the prestigious SNTD University, Mumbai. In addition, she has successfully completed certificate courses on Food and Nutrition, **Learning Disabilities, Statistical Analysis of fMRI Data** and **Clinical Neurology of Children with Distinction** from Stanford University, University of Edinburgh and John Hopkins University. She is expert in Administration, Scoring, and Interpretation of tests such as **ROR, MMPI, Intelligence, Aptitude, Interest and Personality Assessment** to name a few. Ms. Khyati has experience with working in different prestigious organization across the Mumbai. She was also associated with Santosh Institute for Autism & Mentally Challenged for some years. She has conducted several workshops on various topics like Life Skills and Neuro- Developmental Disorders and Various Therapeutic Interventions in Mumbai and Pune. ***Ms. Khyati is also the Head of the BRAIN THERAPIES wing of MCMA since its inception.***